

## Nutrients by Item - Cycle: Breakfast 17-18

Grade Range: All Levels

Week 2 - Monday - Breakfast	Portion Size	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	g Fiber	g T-Sugars	g Carb
Orange Juice (4oz)	1 Carton	56.00	0.00	0.00	0.00	0.24	0.88	0.40	10.40	12.88
Apple Juice (4oz)	1 Each	52.16	4.54	0.00	0.00	0.00	0.11	0.23	10.91	12.81
Fuji Apple	1 EA	94.64	1.82	0.05	*	0.31	0.47	4.37	18.91	25.13
Banana	1 EA	105.02	1.18	0.13	*	0.39	1.29	3.07	14.43	26.95
Orange	1 EA	64.86	0.00	0.04	*	0.30	0.99	3.38	12.89	16.27
Canned Fruit - Unsweetened Applesauce	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Applesauce	1 1/2 cup	90.00	10.00	0.00	0.00	0.00	0.00	2.00	18.00	22.00
Unsweetened Applesauce Cups	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Unsweetened Apple Slices	1 1/2 cup	50.00	10.00	0.00	0.00	0.00	0.00	2.00	9.00	12.00
Canned Fruit - Peaches (Light Syrup)	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	13.00	17.00
Frozen Fruit Cup - Diced Peaches	1 EA	80.00	0.00	0.00	0.00	0.00	1.00	1.00	16.00	19.00
Canned Fruit - Diced Peaches (Extra Light Syrup)	1 Cup	120.00	10.00	0.00	0.00	0.00	0.00	2.00	26.00	28.00
Canned Fruit - Sliced Peaches (Extra Light Syrup)	1 Cup	120.00	20.00	0.00	0.00	0.00	0.00	0.00	22.00	28.00
Canned Fruit - Diced Pears (Extra Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	2.00	12.00	16.00
Canned Fruit - Diced Pears (Light Syrup)	1 1/2 cup	80.00	15.00	0.00	0.00	0.00	0.00	1.00	15.00	19.00
Canned Fruit - Fruit Cocktail (Light Syrup)	1 1/2 cup	80.00	10.00	0.00	0.00	0.00	1.00	2.00	13.00	19.00
Canned Fruit - Mixed Fruit (Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	1.00	12.00	15.00
Canned Fruit - Pineapple Tidbits	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	14.00	17.00
Frozen Fruit Cup - Diced Strawberries	1 EA	90.00	0.00	0.00	0.00	0.00	1.00	2.00	18.00	22.00
Skim Milk (8oz Carton)	1 Each	83.30	102.90	0.12	*	0.20	8.26	0.00	12.47	12.15
1% Milk (8oz Carton)	1 Each	102.48	107.36	1.55	*	2.37	8.22	0.00	12.69	12.18
Fat-Free Chocolate Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Fat-Free Strawberry Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Cereal - Rice Krispies	1 EA	100.00	170.00	0.00	0.00	0.50	2.00	1.00	1.00	23.00
Cereal - Raisin Bran	1 Each	110.00	125.00	0.00	0.00	0.50	3.00	4.00	10.00	27.00
Cereal - Golden Grahams	1 Each	111.38	222.75	0.00	0.00	1.01	1.01	1.01	9.11	24.30
Cereal - Frosted Flakes	1 Each	100.00	160.00	0.00	0.00	0.00	2.00	3.00	7.00	24.00
Cereal - Froot Loops	1 Each	110.00	170.00	0.50	0.00	1.00	2.00	3.00	8.00	24.00

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Run On:

## Nutrients by Item - Cycle: Breakfast 17-18

Grade Range: All Levels

Cereal - Country Corn Flakes	1 Each	70.00	170.00	0.00	0.00	0.50	1.00	1.00	2.00	16.00
Yogurt - Trix Strawberry Banana	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	13.00	20.00
Yogurt - Trix Raspberry Rainbow	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	14.00	20.00
Jelly Packet (Grape/Mixed Fruit)	1 Each	25.52	0.43	0.00	*	0.00	0.02	0.03	3.22	6.69
Butter Toast	1 Slice	130.63	195.69	2.53	0.00	6.57	3.00	1.00	2.00	15.00
Cinnamon Toast	1 Slice	86.97	141.07	0.00	0.00	1.01	3.03	1.07	3.59	16.77
Pancakes	1 Each	70.00	110.00	0.00	0.00	2.00	2.00	1.00	2.00	14.00
Beef Sausage Patty	1 Each	70.00	240.00	1.50	0.00	4.50	6.00	0.00	0.00	1.00
Syrup Packet	1 Each	80.00	20.00	0.00	0.00	0.00	0.00	0.00	14.00	21.00

Week 2 - Tuesday - Breakfast	Portion Size	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	g Fiber	g T-Sugars	g Carb
Orange Juice (4oz)	1 Carton	56.00	0.00	0.00	0.00	0.24	0.88	0.40	10.40	12.88
Apple Juice (4oz)	1 Each	52.16	4.54	0.00	0.00	0.00	0.11	0.23	10.91	12.81
Fuji Apple	1 EA	94.64	1.82	0.05	*	0.31	0.47	4.37	18.91	25.13
Banana	1 EA	105.02	1.18	0.13	*	0.39	1.29	3.07	14.43	26.95
Orange	1 EA	64.86	0.00	0.04	*	0.30	0.99	3.38	12.89	16.27
Canned Fruit - Unsweetened Applesauce	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Applesauce	1 1/2 cup	90.00	10.00	0.00	0.00	0.00	0.00	2.00	18.00	22.00
Unsweetened Applesauce Cups	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Unsweetened Apple Slices	1 1/2 cup	50.00	10.00	0.00	0.00	0.00	0.00	2.00	9.00	12.00
Canned Fruit - Peaches (Light Syrup)	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	13.00	17.00
Frozen Fruit Cup - Diced Peaches	1 EA	80.00	0.00	0.00	0.00	0.00	1.00	1.00	16.00	19.00
Canned Fruit - Diced Peaches (Extra Light Syrup)	1 Cup	120.00	10.00	0.00	0.00	0.00	0.00	2.00	26.00	28.00
Canned Fruit - Sliced Peaches (Extra Light Syrup)	1 Cup	120.00	20.00	0.00	0.00	0.00	0.00	0.00	22.00	28.00
Canned Fruit - Diced Pears (Extra Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	2.00	12.00	16.00
Canned Fruit - Diced Pears (Light Syrup)	1 1/2 cup	80.00	15.00	0.00	0.00	0.00	0.00	1.00	15.00	19.00
Canned Fruit - Fruit Cocktail (Light Syrup)	1 1/2 cup	80.00	10.00	0.00	0.00	0.00	1.00	2.00	13.00	19.00
Canned Fruit - Mixed Fruit (Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	1.00	12.00	15.00
Canned Fruit - Pineapple Tidbits	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	14.00	17.00
Frozen Fruit Cup - Diced Strawberries	1 EA	90.00	0.00	0.00	0.00	0.00	1.00	2.00	18.00	22.00

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## Nutrients by Item - Cycle: Breakfast 17-18

Grade Range: All Levels

Skim Milk (8oz Carton)	1 Each	83.30	102.90	0.12	*	0.20	8.26	0.00	12.47	12.15
1% Milk (8oz Carton)	1 Each	102.48	107.36	1.55	*	2.37	8.22	0.00	12.69	12.18
Fat-Free Chocolate Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Fat-Free Strawberry Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Cereal - Rice Krispies	1 EA	100.00	170.00	0.00	0.00	0.50	2.00	1.00	1.00	23.00
Cereal - Raisin Bran	1 Each	110.00	125.00	0.00	0.00	0.50	3.00	4.00	10.00	27.00
Cereal - Golden Grahams	1 Each	111.38	222.75	0.00	0.00	1.01	1.01	1.01	9.11	24.30
Cereal - Frosted Flakes	1 Each	100.00	160.00	0.00	0.00	0.00	2.00	3.00	7.00	24.00
Cereal - Froot Loops	1 Each	110.00	170.00	0.50	0.00	1.00	2.00	3.00	8.00	24.00
Cereal - Country Corn Flakes	1 Each	70.00	170.00	0.00	0.00	0.50	1.00	1.00	2.00	16.00
Yogurt - Trix Strawberry Banana	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	13.00	20.00
Yogurt - Trix Raspberry Rainbow	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	14.00	20.00
Jelly Packet (Grape/Mixed Fruit)	1 Each	25.52	0.43	0.00	*	0.00	0.02	0.03	3.22	6.69
Butter Toast	1 Slice	130.63	195.69	2.53	0.00	6.57	3.00	1.00	2.00	15.00
Cinnamon Toast	1 Slice	86.97	141.07	0.00	0.00	1.01	3.03	1.07	3.59	16.77
French Toast Sticks	2 Each	166.67	200.00	1.00	0.00	6.00	4.67	2.67	5.33	24.67
Scrambled Eggs (#16 Scoop)	2 Ounce	90.00	260.00	2.00	0.00	6.00	6.00	0.00	*	2.00

Week 2 - Wednesday - Breakfast	Portion Size	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	g Fiber	g T-Sugars	g Carb
Orange Juice (4oz)	1 Carton	56.00	0.00	0.00	0.00	0.24	0.88	0.40	10.40	12.88
Apple Juice (4oz)	1 Each	52.16	4.54	0.00	0.00	0.00	0.11	0.23	10.91	12.81
Fuji Apple	1 EA	94.64	1.82	0.05	*	0.31	0.47	4.37	18.91	25.13
Banana	1 EA	105.02	1.18	0.13	*	0.39	1.29	3.07	14.43	26.95
Orange	1 EA	64.86	0.00	0.04	*	0.30	0.99	3.38	12.89	16.27
Canned Fruit - Unsweetened Applesauce	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Applesauce	1 1/2 cup	90.00	10.00	0.00	0.00	0.00	0.00	2.00	18.00	22.00
Unsweetened Applesauce Cups	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Unsweetened Apple Slices	1 1/2 cup	50.00	10.00	0.00	0.00	0.00	0.00	2.00	9.00	12.00
Canned Fruit - Peaches (Light Syrup)	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	13.00	17.00
Frozen Fruit Cup - Diced Peaches	1 EA	80.00	0.00	0.00	0.00	0.00	1.00	1.00	16.00	19.00

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## Nutrients by Item - Cycle: Breakfast 17-18

Grade Range: All Levels

Canned Fruit - Diced Peaches (Extra Light Syrup)	1 Cup	120.00	10.00	0.00	0.00	0.00	0.00	2.00	26.00	28.00
Canned Fruit - Sliced Peaches (Extra Light Syrup)	1 Cup	120.00	20.00	0.00	0.00	0.00	0.00	0.00	22.00	28.00
Canned Fruit - Diced Pears (Extra Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	2.00	12.00	16.00
Canned Fruit - Diced Pears (Light Syrup)	1 1/2 cup	80.00	15.00	0.00	0.00	0.00	0.00	1.00	15.00	19.00
Canned Fruit - Fruit Cocktail (Light Syrup)	1 1/2 cup	80.00	10.00	0.00	0.00	0.00	1.00	2.00	13.00	19.00
Canned Fruit - Mixed Fruit (Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	1.00	12.00	15.00
Canned Fruit - Pineapple Tidbits	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	14.00	17.00
Frozen Fruit Cup - Diced Strawberries	1 EA	90.00	0.00	0.00	0.00	0.00	1.00	2.00	18.00	22.00
Skim Milk (8oz Carton)	1 Each	83.30	102.90	0.12	*	0.20	8.26	0.00	12.47	12.15
1% Milk (8oz Carton)	1 Each	102.48	107.36	1.55	*	2.37	8.22	0.00	12.69	12.18
Fat-Free Chocolate Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Fat-Free Strawberry Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Cereal - Rice Krispies	1 EA	100.00	170.00	0.00	0.00	0.50	2.00	1.00	1.00	23.00
Cereal - Raisin Bran	1 Each	110.00	125.00	0.00	0.00	0.50	3.00	4.00	10.00	27.00
Cereal - Golden Grahams	1 Each	111.38	222.75	0.00	0.00	1.01	1.01	1.01	9.11	24.30
Cereal - Frosted Flakes	1 Each	100.00	160.00	0.00	0.00	0.00	2.00	3.00	7.00	24.00
Cereal - Froot Loops	1 Each	110.00	170.00	0.50	0.00	1.00	2.00	3.00	8.00	24.00
Cereal - Country Corn Flakes	1 Each	70.00	170.00	0.00	0.00	0.50	1.00	1.00	2.00	16.00
Yogurt - Trix Strawberry Banana	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	13.00	20.00
Yogurt - Trix Raspberry Rainbow	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	14.00	20.00
Jelly Packet (Grape/Mixed Fruit)	1 Each	25.52	0.43	0.00	*	0.00	0.02	0.03	3.22	6.69
Butter Toast	1 Slice	130.63	195.69	2.53	0.00	6.57	3.00	1.00	2.00	15.00
Cinnamon Toast	1 Slice	86.97	141.07	0.00	0.00	1.01	3.03	1.07	3.59	16.77
Homemade Whole-Wheat Cinnamon Roll	1 Each	218.83	200.44	2.81	*	8.93	4.26	3.45	12.06	32.01

Week 2 - Thursday- Breakfast	Portion Size	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	g Fiber	g T-Sugars	g Carb
Orange Juice (4oz)	1 Carton	56.00	0.00	0.00	0.00	0.24	0.88	0.40	10.40	12.88
Apple Juice (4oz)	1 Each	52.16	4.54	0.00	0.00	0.00	0.11	0.23	10.91	12.81
Fuji Apple	1 EA	94.64	1.82	0.05	*	0.31	0.47	4.37	18.91	25.13
Banana	1 EA	105.02	1.18	0.13	*	0.39	1.29	3.07	14.43	26.95

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## Nutrients by Item - Cycle: Breakfast 17-18

Grade Range: All Levels

Orange	1 EA	64.86	0.00	0.04	*	0.30	0.99	3.38	12.89	16.27
Canned Fruit - Unsweetened Applesauce	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Applesauce	1 1/2 cup	90.00	10.00	0.00	0.00	0.00	0.00	2.00	18.00	22.00
Unsweetened Applesauce Cups	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Unsweetened Apple Slices	1 1/2 cup	50.00	10.00	0.00	0.00	0.00	0.00	2.00	9.00	12.00
Canned Fruit - Peaches (Light Syrup)	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	13.00	17.00
Frozen Fruit Cup - Diced Peaches	1 EA	80.00	0.00	0.00	0.00	0.00	1.00	1.00	16.00	19.00
Canned Fruit - Diced Peaches (Extra Light Syrup)	1 Cup	120.00	10.00	0.00	0.00	0.00	0.00	2.00	26.00	28.00
Canned Fruit - Sliced Peaches (Extra Light Syrup)	1 Cup	120.00	20.00	0.00	0.00	0.00	0.00	0.00	22.00	28.00
Canned Fruit - Diced Pears (Extra Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	2.00	12.00	16.00
Canned Fruit - Diced Pears (Light Syrup)	1 1/2 cup	80.00	15.00	0.00	0.00	0.00	0.00	1.00	15.00	19.00
Canned Fruit - Fruit Cocktail (Light Syrup)	1 1/2 cup	80.00	10.00	0.00	0.00	0.00	1.00	2.00	13.00	19.00
Canned Fruit - Mixed Fruit (Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	1.00	12.00	15.00
Canned Fruit - Pineapple Tidbits	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	14.00	17.00
Frozen Fruit Cup - Diced Strawberries	1 EA	90.00	0.00	0.00	0.00	0.00	1.00	2.00	18.00	22.00
Skim Milk (8oz Carton)	1 Each	83.30	102.90	0.12	*	0.20	8.26	0.00	12.47	12.15
1% Milk (8oz Carton)	1 Each	102.48	107.36	1.55	*	2.37	8.22	0.00	12.69	12.18
Fat-Free Chocolate Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Fat-Free Strawberry Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Cereal - Rice Krispies	1 EA	100.00	170.00	0.00	0.00	0.50	2.00	1.00	1.00	23.00
Cereal - Raisin Bran	1 Each	110.00	125.00	0.00	0.00	0.50	3.00	4.00	10.00	27.00
Cereal - Golden Grahams	1 Each	111.38	222.75	0.00	0.00	1.01	1.01	1.01	9.11	24.30
Cereal - Frosted Flakes	1 Each	100.00	160.00	0.00	0.00	0.00	2.00	3.00	7.00	24.00
Cereal - Froot Loops	1 Each	110.00	170.00	0.50	0.00	1.00	2.00	3.00	8.00	24.00
Cereal - Country Corn Flakes	1 Each	70.00	170.00	0.00	0.00	0.50	1.00	1.00	2.00	16.00
Yogurt - Trix Strawberry Banana	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	13.00	20.00
Yogurt - Trix Raspberry Rainbow	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	14.00	20.00
Jelly Packet (Grape/Mixed Fruit)	1 Each	25.52	0.43	0.00	*	0.00	0.02	0.03	3.22	6.69
Butter Toast	1 Slice	130.63	195.69	2.53	0.00	6.57	3.00	1.00	2.00	15.00
Cinnamon Toast	1 Slice	86.97	141.07	0.00	0.00	1.01	3.03	1.07	3.59	16.77

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Run On:

## Nutrients by Item - Cycle: Breakfast 17-18

Grade Range: All Levels

Texas Breakfast 2-Step (Chicken & Donut Holes)	1 1 Serving	256.28	310.28	4.50	0.00	13.58	9.19	3.05	5.96	24.25
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Week 2 - Friday - Breakfast	Portion Size	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	g Fiber	g T-Sugars	g Carb
Orange Juice (4oz)	1 Carton	56.00	0.00	0.00	0.00	0.24	0.88	0.40	10.40	12.88
Apple Juice (4oz)	1 Each	52.16	4.54	0.00	0.00	0.00	0.11	0.23	10.91	12.81
Fuji Apple	1 EA	94.64	1.82	0.05	*	0.31	0.47	4.37	18.91	25.13
Banana	1 EA	105.02	1.18	0.13	*	0.39	1.29	3.07	14.43	26.95
Orange	1 EA	64.86	0.00	0.04	*	0.30	0.99	3.38	12.89	16.27
Canned Fruit - Unsweetened Applesauce	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Applesauce	1 1/2 cup	90.00	10.00	0.00	0.00	0.00	0.00	2.00	18.00	22.00
Unsweetened Applesauce Cups	1 1/2 cup	51.00	2.00	0.00	0.00	0.00	0.00	1.00	11.00	14.00
Canned Fruit - Unsweetened Apple Slices	1 1/2 cup	50.00	10.00	0.00	0.00	0.00	0.00	2.00	9.00	12.00
Canned Fruit - Peaches (Light Syrup)	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	13.00	17.00
Frozen Fruit Cup - Diced Peaches	1 EA	80.00	0.00	0.00	0.00	0.00	1.00	1.00	16.00	19.00
Canned Fruit - Diced Peaches (Extra Light Syrup)	1 Cup	120.00	10.00	0.00	0.00	0.00	0.00	2.00	26.00	28.00
Canned Fruit - Sliced Peaches (Extra Light Syrup)	1 Cup	120.00	20.00	0.00	0.00	0.00	0.00	0.00	22.00	28.00
Canned Fruit - Diced Pears (Extra Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	2.00	12.00	16.00
Canned Fruit - Diced Pears (Light Syrup)	1 1/2 cup	80.00	15.00	0.00	0.00	0.00	0.00	1.00	15.00	19.00
Canned Fruit - Fruit Cocktail (Light Syrup)	1 1/2 cup	80.00	10.00	0.00	0.00	0.00	1.00	2.00	13.00	19.00
Canned Fruit - Mixed Fruit (Light Syrup)	1 1/2 cup	60.00	5.00	0.00	0.00	0.00	0.00	1.00	12.00	15.00
Canned Fruit - Pineapple Tidbits	1 1/2 cup	70.00	10.00	0.00	0.00	0.00	1.00	1.00	14.00	17.00
Frozen Fruit Cup - Diced Strawberries	1 EA	90.00	0.00	0.00	0.00	0.00	1.00	2.00	18.00	22.00
Skim Milk (8oz Carton)	1 Each	83.30	102.90	0.12	*	0.20	8.26	0.00	12.47	12.15
1% Milk (8oz Carton)	1 Each	102.48	107.36	1.55	*	2.37	8.22	0.00	12.69	12.18
Fat-Free Chocolate Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Fat-Free Strawberry Milk (8oz Carton)	1 Each	130.00	200.00	0.00	0.00	0.00	8.00	0.00	22.00	24.00
Cereal - Rice Krispies	1 EA	100.00	170.00	0.00	0.00	0.50	2.00	1.00	1.00	23.00
Cereal - Raisin Bran	1 Each	110.00	125.00	0.00	0.00	0.50	3.00	4.00	10.00	27.00
Cereal - Golden Grahams	1 Each	111.38	222.75	0.00	0.00	1.01	1.01	1.01	9.11	24.30
Cereal - Frosted Flakes	1 Each	100.00	160.00	0.00	0.00	0.00	2.00	3.00	7.00	24.00

\* Missing nutrient value

Run By:

Filename: .rdlc

\*\* The Trans Fat value is provided for informational purposes only and is not used for monitoring purposes.

Run On:

## Nutrients by Item - Cycle: Breakfast 17-18

Grade Range: All Levels

Cereal - Froot Loops	1 Each	110.00	170.00	0.50	0.00	1.00	2.00	3.00	8.00	24.00
Cereal - Country Corn Flakes	1 Each	70.00	170.00	0.00	0.00	0.50	1.00	1.00	2.00	16.00
Yogurt - Trix Strawberry Banana	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	13.00	20.00
Yogurt - Trix Raspberry Rainbow	1 Each	100.00	50.00	0.50	0.00	0.50	3.00	*	14.00	20.00
Jelly Packet (Grape/Mixed Fruit)	1 Each	25.52	0.43	0.00	*	0.00	0.02	0.03	3.22	6.69
Butter Toast	1 Slice	130.63	195.69	2.53	0.00	6.57	3.00	1.00	2.00	15.00
Cinnamon Toast	1 Slice	86.97	141.07	0.00	0.00	1.01	3.03	1.07	3.59	16.77
Pancake & Sausage on a Stick	1 Each	200.00	310.00	2.50	0.00	10.00	7.00	3.00	4.00	17.00

\* Missing nutrient value

Run By:

Filename: **.rdlc**

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Run On: